

Wyndham 2050 Community Vision Priority Area

Health and Wellbeing

Progress Report Year 1 2025/26

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What's it like to live in Wyndham?

On behalf of the Wyndham community, Council is tracking the following measures annually against the priorities of the Community Vision to understand how residents are feeling about where they live.

These indicators are included in the Annual Community Satisfaction Survey, which consists of a sample of 1,200 randomly selected Wyndham residents.

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What did we hear in 2025/26?



Vision Priority:

Health and Wellbeing

Fostering the wellbeing of Wyndham Citizens on all levels, physical, mental and social, with a focus on mental health, expansion of affordable community sports and access to cleaner and safer open spaces and facilities/amenities.

61%
strongly agree
that Wyndham is accessible and inclusive for people with disability

67%
strongly agree
that their access to health services are being met

65%
strongly agree
that there are good open spaces (parks/gardens/playgrounds) for recreation in their local area

57%
strongly agree
that their recreational needs are met in their local area



Priority Area: Health and Wellbeing

What is Council's role?

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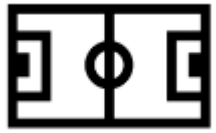
What is Council's role?

- Protecting, improving, and promoting the health and wellbeing of its residents by ensuring everyone is provided with an environment that affords them the opportunity to achieve a high quality of life.
- Plans and delivers programs, services and infrastructure that support resident's health and wellbeing
- Works to create environments that help people live healthy, connected lives
- Works with state and federal government, health services and partners to deliver local services and supports the community needs
- Advocates on behalf of the health and wellbeing needs of the community, but does not provide hospitals or core health services



What sporting facilities do we have in Wyndham?

Council manages the following sporting facilities across the municipality, and the number of these continues to grow each year.

	2024/25	2025/26
 **Ovals and rectangular pitches**	86 (48 cricket fields)	90 (50 cricket fields)
 **Baseball/softball diamonds**	16	16
 **Outdoor courts (Tennis/Netball)**	81	93
 **Pavilions**	44	47

Council’s focus on health

Our health and wellbeing is shaped by where we live, connect and spend our time. Through its Council Plan 2025-29, Council commits to working on a wide range of things that contribute to the health and wellbeing of its residents.

Working with local organisations, services and community partners through the Wyndham Health Plan Governance Group, Council will deliver actions across these five Health Focus Areas to improve health and wellbeing for all.



Our focus *on health*

Being healthy is about thriving physically, mentally, and socially. Our health and wellbeing is deeply influenced by our living conditions, neighbourhoods, and communities. Some of our community members experience disproportionate levels of disadvantage and ill-health leading to differences in health and social outcomes.



In Wyndham the Top Three long term health conditions reported are:

1. **Asthma**
2. **Mental health condition**
3. **Arthritis**

1%
of people live in social housing
(ABS Census 2021)

4.1%
of people living with disability
(ABS Census 2021)

22.4%
of Wyndham people have a long-term health condition

1%
of people reported experiencing homelessness
(ABS Census 2021)

76.9%
of people that reported their health status as good, very good or excellent.

57.9%
of people living in Wyndham are overweight or obese, higher than the Victorian average of 50.8%.



15.8%
of people living in Wyndham consume sugary drinks daily, higher when compared with 10.1% of Victorian people



54.5%
of people living in Wyndham don't engage in enough physical activity, higher when compared to 44.1% of Victorian people



36.6%
of people living in Wyndham meet the recommended intake of fruit and vegetable daily, lower when compared with the Victorian average of 43.2%



20.7%
of people living in Wyndham smoke or vape daily.



9.7%
of adults reported running out of food and not being able to afford to buy more in past 12 months



28.8%
Worried about running out of money to buy food



12.4%
of people reported experiencing racism or discrimination in the past 12 months



23.5%
of Wyndham adults reported experiencing loneliness

(Source: The Victorian Population Health Survey (VPHS), 2022 &2024) ** Note all figures relate to % of the Wyndham adult population



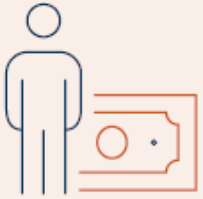
94.8%
of Wyndham children are immunised by 5 years of age
(Source: Australian Immunisation Register)



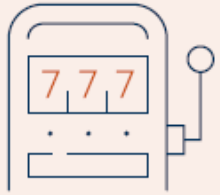
1304
recorded family violence incidents in Wyndham during 2023/24 (per 100,000 residents)
(Source: Crime Statistics Agency)



25.9%
of Wyndham adults reported experiencing depression and anxiety
(Source: The Victorian Population Health Survey (VPHS), 2022 &2024)



The SEIFA IRSD 2021* for Wyndham was 1,006. This means that Wyndham is slightly above the average of 1000. Areas with scores below 1000 are more disadvantaged. (Socio- Economic Indexes for Areas, Index of Relative Socio Economic Disadvantage)



Wyndham residents have lost $134 million to Electronic Gaming Machines in 2025/26 across 14 venues located in Wyndham (VGCCC, 2026). It is estimated they have lost $190 million on other forms of gambling (estimate based on State data, 2023/24)

Progressing our health focus areas

Accessible Services

We have equitable access to culturally safe services that support our health and wellbeing needs

- Community engagement was undertaken to inform the development of the Wyndham Disability Plan 2026-29, the Wyndham Active Transport Strategy and Council's work in relation to the provision of affordable housing in the municipality. Work also commenced on the development of the Council's next Reconciliation Action Plan
- Health literacy was promoted through work to identify translated materials and make these widely available. Council also worked with the Western Public Health Unit to improve awareness of thunderstorm asthma with affected populations.

Healthy Living

We are supported to make choices that improve our health and wellbeing, including healthy eating, tobacco and vape free living and being physically active.

- A new fresh food market, the Community Grocer opened in May 2026 at Wyndham Park, providing low-cost fresh food for Wyndham residents. Council was also a partner in the Food First in the West project, which also aims to support community to access fresh food.
- Through the Maternal Child Health and Wellbeing function, Council introduced the My Baby Now App which supports families with healthy eating, active play and reduced screen time from the start of their baby's life.
- A new community garden was opened on the site of the former Mossfiel Kindergarten, reflecting Council's ongoing commitment to implementing and upholding the Open Space Community Garden Policy.
- Council participated in the Vape Free West Project to prevent the uptake of vaping amongst young people. Council also routinely monitors sports grounds to ensure adequate 'No Smoking/No Vaping' signage.

Climate Change Health Impacts

We are a resilient community that can adapt to the health impacts of climate change.

- Council, together with Melton City and others, created videos for residents to stay safe in an emergency, in ten languages.
- Council endorsed a new procurement policy in December 2025, which articulates its Quadruple Bottom Line (QBL) principles. This means Council will ensure that economic, environmental, social and ethical considerations are embedded into procurement planning and decisions wherever practical and proportionate. Through its Smart Garden sustainable gardening program, Council helped residents to grow their own food and create functional gardens. Council ran 102 workshops with 2,988 attendees. Council's Sustainability Incursions Programs ran 39 sessions across Wyndham's schools, kindergartens, daycares, and libraries, engaging 1,300+ students.
- Council is working to develop its next Resilience Strategy which aims to guide work undertaken by Council to assist the community to build its capacity to adapt, survive and thrive despite any stresses or shocks it may face.

Progressing our health focus areas



Mental Wellbeing and Social Connection

We are supported to maintain good mental wellbeing, and are an inclusive, connected and socially cohesive community.

- Wyndham has a new service, the Mental Health and Wellbeing Local, Werribee which opened this year, providing free mental health services for adults and older adults (age 26 and over). This is a free walk-in service supporting the Wyndham community. No referral is necessary to attend or Medicare card, to access the service, with onsite appointments (including Telehealth or Outreach).
- Through its provision of youth services, community centres, sport and recreation and libraries, Council invests heavily in ensuring local opportunities for connections, not only for young people, but all ages, are available all year round.
- Council has a longstanding commitment to reducing the harms of gambling, especially electronic gaming machines and recognises the cost to the community is not just a financial, but also to the health and wellbeing of individuals, families and businesses. Council continues to work to update its Gambling policy.

Gender Equality

We promote gender equality with zero tolerance for violence in all its forms.

- In partnership with Children by Choice, Council delivered the Introduction to Reproductive Coercion and Abuse webinar as part of the 16 Days of Activism campaign. The session, attended by 22 health sector participants was designed to strengthen the capacity of professionals working in the health and family violence sectors, supporting them to understand, recognise, and respond to reproductive coercion and abuse within their practice.
- During Family Violence Prevention month in May 2026, the Wyndham Family Violence Network hosted a candlelight vigil to raise awareness of family violence. The vigil brought the community together 40 community members in solidarity to honour those women and children who have lost their lives due to family violence and the impact on their families.
- Council improved the process for completing Gender Impact Assessments (GIAs) which allow Council to meet its responsibilities (under the Gender Equality Act 2020) to consider the impacts of policies, programs and services on women and gender diverse people. Over the year 11 GIAs were submitted.



Priority Area: Health and Wellbeing

Council Adopted Strategies and Plans

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Accessibility Action Plan 2021-2025

Demonstrates Council's commitment to improving access and inclusion for people living with disability and their carers, by undertaking work that reduces barriers to full community participations.

What the strategy aims to deliver:

- Makes Council services, facilities, events and public spaces more accessible and inclusive.
- Supports people with disability to participate fully in community life.
- Promotes awareness, understanding and inclusion across Wyndham.
- Works with people with lived experience to improve accessibility outcomes.

Highlights from 2025/26

- Continued the Sunflower Initiative and Story Boards to improve accessibility and inclusion across Council services and events.
- Delivered the Disability Connections Expo, connecting 222 attendees with 60 disability service providers and community organisations.
- Upgraded Woodville Park with inclusive play equipment, including Wyndham's first We-Go wheelchair-accessible swing and accessible trampoline.
- Delivered the "Think Before You Park" campaign to promote the correct use of accessible parking bays.
- Celebrated the International Day of People with Disability through community events, performances and consultation opportunities.
- Engaged people with disability and carers in shaping Wyndham's future Disability Plan.

Council Strategies and Plans that contribute to this priority



Active Wyndham Strategy 2026 -2031

Council's overarching sport and recreation plan seeks to ensure that all members of our community are supported and empowered to reach their health and wellbeing goals through physically activity.

What the strategy aims to deliver:

- Support people of all ages and abilities to be physically active
- Provide a wide range of sport and recreation opportunities across Wyndham
- Ensure access to quality sporting facilities, parks and open spaces
- Improve health, wellbeing and community connection
- Plan for future sport and recreation needs as Wyndham grows

Highlights from 2025/26

- New sporting facilities opened at Manor Lakes North, Truganina, Tarneit and Point Cook
- Over 75% of households now live within 1 km of an active open space
- More than 1,580 sporting teams used Wyndham facilities
- 79% of sporting clubs were satisfied with Council's sport and recreation services
- Active Wyndham programs delivered for children, adults and seniors including:
    - Active Holidays,
    - Beginner Running Courses,
    - Seniors Exercise Park sessions and
    - Active Kinders Mini Movers at 23 kinders.
- 'Active Kids' supported 1,600 primary school students to be more active and 'Active Alex' packs reached around 3,000 kindergarten children.
- Planning progressed for future facilities, including the proposed Tarneit Indoor Sports Facility
- More than $11.5 million in external funding secured for priority sport and recreation projects

Council Strategies and Plans that contribute to this priority



ACTIVE Wyndham

Helping Wyndham residents of all ages get active, healthy and connected.

What we offer:

- **Active Kids** programs that encourage children to build confidence, develop skills and enjoy being active.
- **Active Kinders** activities that support healthy movement and active play in early childhood.
- **Active Holidays** programs that keep children active, engaged and connected during school holidays.
- **Sports Club Development support** to help local clubs strengthen governance, volunteering, participation and inclusion**.**
- **The Active Wyndham Map**, an online directory that connects residents with local sports clubs, recreation facilities and physical activity opportunities across Wyndham.





Priority Area: Health and Wellbeing

What has Council achieved in 2025/26?

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Sport, Recreation and Physical Activity

5,378

Average hours of programmed use per week (outdoor facilities)

COMMUNITY SAYS:

Provision of sports ovals and other local sporting/recreation facilities
EXCELLENT

314

Physical activity programs delivered with 12,688 attendees

COMMUNITY SAYS:

Council encourages a healthy and active lifestyle through appropriate Council infrastructure and amenity
VERY GOOD

2.28M

Visitations to major leisure facilities

Jamieson Way Masterplan Stage 2 (Point Cook)

- ✓ New indoor multisport venue and netball facilities
- ✓ New playground, BBQ area and landscaping
- ✓ Improved amenities and car parking
- ✓ More opportunities for sport, recreation and community connection in Point Cook







Polly Parade Reserve Stage 1 (Tarneit North)

- ✓ New sporting pavilion
- ✓ Three new soccer and cricket fields
- ✓ Six tennis courts with netball overlays
- ✓ Cricket practice nets
- ✓ Lighting, pathways and more opportunities for sport and recreation in Tarneit





Fortitude Drive Reserve Stage 1 (Truganina)

- ✓ Wyndham's second athletics track
- ✓ Play space, kickabout area and circuit track
- ✓ BBQ, picnic and community facilities
- ✓ New lighting, pathways and car parking
- ✓ Sports pavilion currently under construction
- ✓ A major new destination for sport, recreation and community connection in Truganina.







Holyoake Parade Reserve, Manor Lakes

- ✓ A new $9.5 million active open space for the community.
- ✓ Oval with cricket facilities
- ✓ Six tennis courts and a multi-use court
- ✓ Sporting pavilion and playground
- ✓ BBQ and picnic areas
- ✓ Opportunities for sport, recreation and community connection





Child, Family Health and Wellbeing

5,398
Birth notices received

100% of birth notifications were lodged within 5 business days

5,588
New enrolments in Maternal and Child Health

98% respondents to Maternal and Child Health Services client satisfaction survey rated their experience 3 stars or higher **

COMMUNITY SAYS:
Maternal Child Health Care
EXCELLENT

967
Or **20%** Additional consultations for breastfeeding difficulties delivered

32,987
Key ages and stages visits delivered

122
Total baby immunisation sessions delivered

91% of children aged 12–15 months are vaccinated

90% of children aged 24-27 months are vaccinated

94% of children aged 60-63 months are vaccinated

13,348
Community immunisation vaccines administered

5,560
People immunised at community sessions *

37
Planned school immunisation sessions and **6,499** immunisations delivered

COMMUNITY SAYS:
Immunisation
EXCELLENT

* *Immunisations administered as part of National Immunisation Program schedule only*
** *Client satisfaction gathered via The Loop survey*



Early Education and Care

1,427

Children enrolled in four-year-old kindergarten at a Council managed centre*

89% of families rated council kindergarten as very good/excellent (Department of Education Survey)

1,230

Children enrolled in three-year-old kindergarten at a Council managed centre *

98% recommend Council run kindergarten services (Department of Education Survey)

123

Children enrolled in Early Start Kinder (ESK) *#

100% Council delivered three and four-year-old kindergarten services are meeting or exceeding the National Quality Standards (Department of Education assessment)

94% of three and four-year-old kindergarten places at Council managed centres were utilised

COMMUNITY SAYS:

Council managed kindergarten services **EXCELLENT**

** Result as at 30 June 2026*
 # free or low-cost Kindergarten to 3-year-old children in contact with Child Protection, referred to Child First or is Aboriginal and/or Torres Strait Islander

Family and Sector Partnerships

719

Early intervention support for children in kinder received and actioned through the Pre School Field Officer program

0 on waitlist for Preschool Field Officer service

3,549

Registrations received through the Child Registration and Enrolment System

COMMUNITY SAYS:

Council support to access child and family services you and your family need
EXCELLENT

172

Enrolments in supported playgroups *

94% respondents reported they felt safe and welcome at supported playgroups**

COMMUNITY SAYS:

Supported playgroups
EXCELLENT

School Crossings

174

School crossings in operation

COMMUNITY SAYS:

EXCELLENT



1,344

Attendees at supported playgroups (excludes shopping centre play groups)

* *Result / percentage reported is an average over the financial year*

** *Client satisfaction gathered via The Loop survey*



Priority Area: Health and Wellbeing

2025/26 Service Investment

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2025/26 Service Investment

The following services directly contribute to progressing this Vision priority area










Service	Child, Family Health and Wellbeing	Early Education and Care	Family and Sector Partnerships	Social and Economic Inclusion	Social Policy	Sport, Recreation and Physical Activity	Youth services
Description	Provides a range of services to families with children aged 0-6 to promote improved health and wellbeing of the community through the provision of a range of health and wellbeing services including Universal Maternal and Child Health Service, Enhanced Maternal and Child Health Service, immunisation program, parenting groups and programs.	Provides free state funded kindergarten for three and four-year-old children. Provides increased participation in kindergarten services, transition to lifelong learning and access to high quality educational programs.	Building connections, understanding, and providing accessible service systems for our diverse community to enable families and their children to thrive. Through partnering with early years providers to deliver quality services and supporting educators to excel in their roles, we build parenting capacity in a supported environment and foster community connection and participation to enable community, families, and their children to achieve positive outcomes.	Lead and partner with community to address systemic barriers and build economic opportunity for residents experiencing barriers to employment.	Develop public policy and frameworks to guide outcomes that promote social justice, wellbeing, equity, inclusion and participation in Wyndham.	Provide opportunities for the community to be physically active through infrastructure provision, facility management and the delivery of community activation programs.	Youth Services is committed to inspiring and empowering young people, aged 12 to 25, to reach their full potential and shape a brighter future. This is achieved through the provision of a diverse range of tailored programs, events, and counselling support—including focused counselling support services for middle years (8 to 12)—that are designed to ignite possibilities and pave the way for lasting positive outcomes. We are passionate about creating transformative opportunities that foster well-being, growth, and meaningful connections. By collaborating closely with families, community organizations, and stakeholders, we strive to build a safe, inclusive, and uplifting environment where youth can thrive from early years through young adulthood.
Budget Net Cost ($'000)	(8,217)	(127)	(2,103)	(1,484)	(828)	(4,024)	(6,166)
Actual Net Cost ($'000)	(7,162)	(78)	(1,367)	(1,248)	(698)	(3,408)	(5,845)
Var ($'000)	1,055	50	736	237	129	616	321